

Example reflection questions for review meetings

Reflection Approach 1 - ORID

Focused on an issue or experience

- **Objective** – the facts – what is known?
- **Reflective** – emotional response – what was felt?
- **Interpretive** – meaning and learning – what has been learnt and what do these learnings mean?
- **Decisional** – response or evaluation – what is the decision, evaluation or future action?

Example ORID questions – workshop review

- **Objective**

- What were the main points raised today?

- **Reflective**

- Given the activities from today, what excites and/ or concerns you in respect to this area/ topic/ programme?

- **Interpretive**

- What insights did you get from the activities today? What points do you think should have the most impact on future work?

- **Decisional**

- What do you think the next steps need to be with the information gathered today?

Example ORID questions – project review

- **Objective**

- What are the top three findings from this work?

- **Reflective**

- What about these findings excited you? What findings left you sceptical or frustrated?

- **Interpretive**

- What relationships do you see between the findings and the goals of the wider programme? How could others use the findings now? What needs to happen to enable this?
- What questions do the findings raise for you? How could we answer these questions? What are the implications for future research in this area?

- **Decisional**

- What are the next steps for using the findings in the programme?
- What are the next steps for further research?

Example ORID questions – engaging with new concepts

- **Objective**

- What have you learned from engaging with the Responsible Innovation team and their processes? How has this engagement affected your work in the programme?

- **Reflective**

- How did the process feel for you – were there any surprising, enjoyable, confusing, or frustrating aspects?

- **Interpretive**

- What have been the most valuable parts of the process for you? Which parts of the process would you most like to see changed or improved?
- What has been the biggest impact on your work of engaging with this process?

- **Decisional**

- What do you think the Responsible Innovation team should do differently, next time they engage with a programme?
- What would you do differently if you were to engage with RI as part of another project?
- What type of support and involvement from Responsible Innovation would be most valuable for you, going forward?

Reflection Approach 2 - What, So What, Now What?

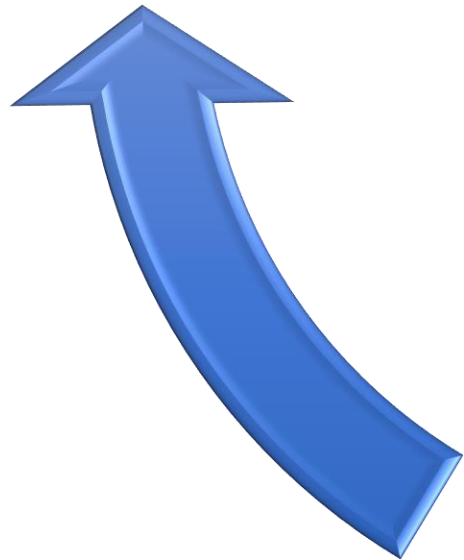
WHAT? SO WHAT? NOW WHAT?



Now
what?



What



So
What?



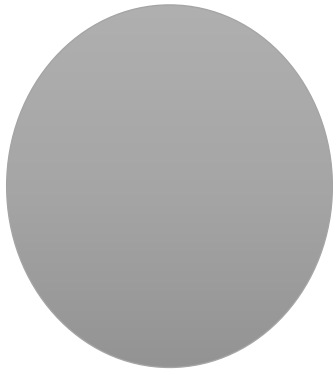
Example 'What, So What, Now What?' Questions

- What
 - *What happened?*
 - *What were your expectations?*
 - *What part of the experience did you find challenging?*
- So What
 - *What questions are you asking now that you've had this experience?*
 - *What conclusions can you draw from this experience?*
 - *What did you learn about yourself?*
- Now What
 - *How will you apply what you have learned from this experience?*
 - *What do you need to do to address any challenges that arose during this experience?*

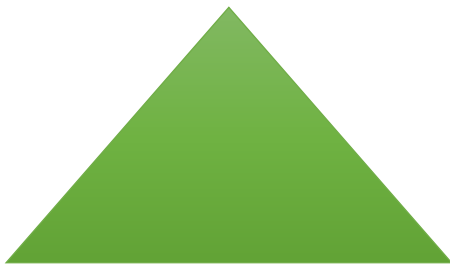
Reflection Approach 3 – Simple Questions



What are 4 things I have learnt today?



What do I have questions about?



What are 3 things that I have learnt today that I can use in my own work?